

COVID-19: CNFJ/CNRJ Fact Sheet Last updated March 27, 2020

The situation surrounding COVID-19 in Japan is a dynamic one, and it can be hard to keep up with the latest information. This product presents new and enduring information related to COVID-19.

- If you develop symptoms of illness such as fever or cough, even if mild, call your supervisor and stay home. If your symptoms would normally require medical care, call your health care provider.
- *UPDATE* To date, there has been 1 positive case among Navy personnel in Japan.
 - One active duty Sailor stationed on Commander Fleet Activities Yokosuka was confirmed positive March 26.
- *UPDATE* CNFJ Liberty Restriction Order in effect 25 March 2020.
 - This applies to all U.S. Navy personnel in Japan. Dependents of U.S. Navy personnel, and U.S.
 Government civilians/contractors and their dependents are strongly encouraged to meet the intent of this order.
 - o For the full text, talk to your command or visit: https://www.cnic.navy.mil/regions/cnrj.html
- *UPDATE* DOD Health Protection Condition for bases in Japan is Charlie (HPCON C).
 - There are some additional mitigations that will be implemented on your local installations and impacts on services offered, including NAVSUP personal property processing, elective dental procedures, and hospital visitation. Please stay up to date by following your installation's social media site.
- Japan is CDC Travel Health Notice Level 3: avoid nonessential travel. All countries that are not designated level 3 are designated at level 2. CDC Travel Health Notices by country are on the CDC website.
 - Due to this change, there is a stop movement order for travel to, from, or through Japan.
 - The CDC does not assign a travel health notice level for the United States.
 - Mitigation measures have been increased.
 - 14-day restriction of movement for all personnel arriving from any location to Japan, Singapore, and Diego Garcia.
 - Navy installations have may have increased screening procedures.
 - Personnel should practice social distancing, reduce on-site workforce to 50%, telework to the maximum extent possible, and clean high traffic areas daily.
- DODEA schools in mainland Japan and Okinawa will be closed to students from March 23 to April 3. Schools are scheduled to reopen following spring break on Monday, April 13.
- The Department of State has issued a <u>Level 4 Global Health Advisory: Do Not Travel</u>. The World Health Organization (WHO) characterized COVID-19 as a pandemic March 11.
- To learn about the latest Navy/DoD policies and guidance on how to protect yourself, your family and your shipmates, visit the <u>Navy's COVID-19 website</u>.
- DON personnel who have traveled to, from or through a CDC level 2 or 3 country will inform their immediate supervisor.
- Personnel should consult installation Facebook pages for local details.

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